

ASPIRA, INC. OF NEW JERSEY

ESSEX COUNTY CENTER • 390 BROAD STREET • NEWARK, NEW JERSEY 07104 • (201) 484-7554

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TO: ROBERTO DEL RIOS, PROGRAMS DIRECTOR
FROM: LILLIAN I. CLAUDIO-BLUM, (122)
HEALTH CAREERS COORDINATOR
RE: EXIT REPORT
DATE: MAY 23rd, 1990

I. INTRODUCTION

I began working for ASPIRA, Inc. of New Jersey as the Health Careers Unit Coordinator on October 23rd, 1989. I was not assigned to any particular school since I worked with college students from various universities in New Jersey.

The main responsibilities of a Unit Coordinator are: 1) to insure that the Health Careers Counselors are meeting program workplans; 2) to plan and conduct special activities; 3) to give individual guidance to students; 4) to establish liaison with other agencies and educational institutions concerning students, to secure their support and cooperation as applicable; 5) to prepare and submit a monthly narrative and statistical report to the Program Director; 6) to evaluate staff's performance on a monthly basis; 7) to prepare and submit reports required by the Program Director; 8) to supervise the counseling staff within the Unit; 9) to coordinate and carry out the annual Health Careers Conference; 10) to facilitate an ASPIRA Club; 11) to maintain filing system of student records, personnel records, monthly, unit and annual reports, related reports, and any other related materials; 12) to serve on the Minority Admissions Committee at The University of Medicine and Dentistry in Newark.

II. CASELOAD DATA

A. The caseload for the academic year 1989-1990 is 99 students of which 37 are males and 62 are females. This is the total active caseload up to May 1990.

B. The caseload breakdown is as follows:

GENDER:	Males	37	(37.37%)
	Females	62	(62.63%)
	Total	99	

GRADE LEVEL:	H.S. Junior	1	(1.01%)
	College Fresh	4	(4.04%)
	College Soph	9	(9.09%)
	College Junior	15	(15.15%)
	College Senior	22	(22.22%)
	Grad. Student	1	(1.01%)
	H.S. Graduate	4	(4.04%)
	College Grad.	42	(42.42%)
	G.E.D.	1	(1.01%)
Total	99		

ETHNIC BREAKDOWN:	Asian	1	(1.01%)
	Black	12	(12.12%)
	Cuban	8	(8.08%)
	Dominic	5	(5.05%)
	PRI	3	(3.03%)
	PRM	36	(36.36%)
	OH	32	(32.32%)
	Other	2	(2.02%)
	Total	99	

INCOME STATUS:	Public Assistance	6	(6.06%)
	2000-4310	9	(9.09%)
	4311-5600	7	(7.07%)
	5691-7070	7	(7.07%)
	7071-8450	7	(7.07%)
	8451-9830	4	(4.04%)
	9831-11210	8	(8.08%)
	11211-14000	12	(12.12%)
	14000-Above	39	(39.39%)
	Total	99	

C. ROSTER STATUS

All the student rosters are updated and the labels have been retyped. All the student's files are updated and properly labelled.

III. COUNSELING ACTIVITIES

A. Counseling sessions have been logged in the appropriate daily information sheets according to the months in which the services were provided. The daily information sheets can be found in the monthly reports as well as under the file labelled "Daily Information Sheets". The daily information sheets have been updated up to the month of May 1990.

B. The placements for the academic year 1989-1990 are incomplete since the year has not ended and many students are waiting for responses from their respective schools. An extensive mailing inquiry was done recently requesting this information. These forms will provide the necessary information for placements for 1989-1990.

A partial list has been provided in this report which includes students who have been accepted to Health Professional schools and summer programs.

1. Frank Borao	PRM	UMDNJ-NWK
2. Annette Da Silva	Other	SMDP-UMDNJ
3. Jose Davila	PRM	RWJ-Summer Prog.
4. Marie Eason	Black	Yale Medical
5. Valeriana Estevez	PRM	N.Y. Osteopathic
6. Wanda Figueroa	PRM	UMDNJ-NWK
7. Raymond Galvan	OH	NYU-Dental
8. Maria T. Gonzalez	PRI	St. Francis Hosp. Nursing Prog.
9. Rafael Hernandez	OH	SMDP-UMDNJ
10. Janet Mosley	Black	SMDP-NWK
11. Christopher Phang	Black	UMDNJ-NWK
12. Martha Piraneque	OH	Kean College
13. Jeanette Valentin	PRM	SMDP-UMDNJ
14. Anthony Wilson	Black	L.I. Chiropractor

C. CLUB ACTIVITIES

Even though the Health Careers RWJ/PEW program does not have an official ASPIRA Club, several activities took place during the year. Students participated in several meetings and workshops that were scheduled during the year. The workshops included mostly MCAT review courses.

The students were introduced to the idea of establishing a Health Careers Club on a college level and they seem extremely receptive. It was agreed that during the summer several activities should be planned so that the enthusiasm of the club can be enhanced. The following activities had been planned for this summer 1990. Please note that some of these activities were announced in the quarterly newsletter.

1. MCAT Review Courses:

This course will be taught by Alex Ortiz, a 4th year medical students at Yale. He conducted the MCAT workshops that were held in April 1990. The contact person for this project is Humberto Sanchez (201-478-8444) or Carlos Moreno (201-523-1709).

June 4th-15th, 1990 at William Paterson College

*(See enclosed flyer)

June 25th-August 3rd, 1990 at City College in N.Y.

**August 4th-18th, 1990 at UMDNJ in Newark from
5:00pm-12:00am

** Please note that this is a paid review and Mr. Ortiz is asking for a tuition fee of \$250.00

2. Interview Workshop

These workshops should be conducted in August since many of the students on the caseload will be applying to medical schools for the entering class of 1991. Interview skills are important in the admissions process.

Please note that a file labelled "Interview Questions" can be found in the file cabinet and would be useful for this workshop.

IV. CONTACTS/HUMAN RESOURCES

1. Maxine Lisboa
Hispanic Recruiter
UMDNJ-Newark
201-456-5431
2. Lydia Gonzalez-Colon
Counselor
Rutgers College, New Brunswick
201-932-8409
3. Lydia Rodriguez
Assistant Dean
Rutgers-Newark
201-648-5426
4. Michael Sanders, D.M.D.
Director of Student Recruitment
Office of Student Affairs
UMDNJ-Dental School
201-456-4583
5. James D. Foster, MPA
Assistant Dean of Minority Affairs
Minority Affairs Office
201-456-5433

V. RECOMMENDATIONS

As stated above in the section of counseling activities, there is great need of a Health Careers club on a college level. I have found that the students I counseled had not been properly informed of the vast opportunities available to minority students. As the ASPIRA organization, we are able to provide the students with the information that the schools are not providing.

Another important reason for the need of a Health Careers Club is the fact that minority students need a place and a group to belong in order to share their common experiences. The students need motivation and people to

believe in them. I have found that there is a small percentage of minority students applying to professional schools and we need to increase this number. I have found that the reason many minority students do not continue with their education is because they have been convinced by professors or other educators that they do not possess the intelligence to continue their studies.

The Health Clubs that exist in the colleges have been developed, not to satisfy the needs for minority, but to cater to the needs of other students who have a good chance of acceptance to any graduate school. This is the reason ASPIRA needs to establish this club. The club would serve as a motivator and encourage students to continue with their education.

I have found that UMDNJ-Newark is willing to work with ASPIRA in order to increase the minority applicant pool. If we continue the rapport we have established with the professional schools, I am certain that they will be willing to support us in any planned activity. It is important that the lines of communication between the professional schools and ASPIRA be expand and never closed.

I was fortunate to appear in a television program with Ms. Maxine Lisboa where we emphasized the need of Hispanic health professionals in our communities. We were able to extend and offer our services to anyone who is interested in pursuing this career path. This was important for the Health Careers Program's future and expansion.

I also believe that it is important to continue with the summer plans that have been scheduled in order to maintain the level of enthusiasm that the students have experienced during the year.

VI. CONCLUSION

I must thank the ASPIRA organization for reminding me that I must continue my goals. I found that the conferences I attended helped me put my life into perspective.

I was able to recapture the motivation and desire that I once felt to continue school, through the students I counseled, who reminded me that I must go forward and this is what I chose to do. Thank you ASPIRA!